



The Messenger

Sunday, January 28, 2024
Κυριακή, 28 Ιανουαρίου 2024

15th Sunday of Luke
Κυριακή 15^η Λουκά

Weekly Worship Guide

The Greek Orthodox Cathedral of the Annunciation • Atlanta, GA

Ephraim the Syrian, Isaac the Syrian, Bishop of Ninevah, James the Righteous, Palladios the Hermit of Antioch
Theodosius of Totma, Grace the Martyr

40 Day Baby Blessing

Son of George and Lindsey Evagoras

Theodosius of Totma



Saint Theodosius of Totma was born at Vologda about the year 1530. In his youth he was raised in a spirit of Christian piety and the fear of God. At the insistence of his parents he married, but family life did not turn him away from God. He went fervently to church and prayed at home, particularly at night. After the death of his parents and his wife, he withdrew to the Priluki monastery not far from Vologda.

At the monastery Theodosius passed through the various obediences: he carried water, chopped fire-wood, milled flour and baked bread. He went to Totma on the igumen's orders to search for a salt-works for the monastery. He sought the permission of Tsar Ivan Vasilevich and the blessing of Archbishop Nicander to found a monastery at Totma. Theodosius was appointed head of this newly-formed Totma monastery, which in a grant of 1554 was declared free of taxation.

The saint founded the Totma Ephraimov wilderness monastery and brought brethren into it. Eventually becoming the head of two monasteries, Theodosius continued to lead an ascetic life. He wore down his body by wearing chains and a hairshirt, and beneath his monastic cowl he wore an iron cap. Fond of spiritual reading, he acquired many books for the monastery. Saint Theodosius reposed in the year 1568 and was buried in the monastery he founded, and miracles occurred at his grave.

On September 2, 1796 during the reconstruction of the Ascension church, his relics were found incorrupt, and their glorification took place on January 28, 1798, on the day of his repose.

Order of Hymns Following The Small Entrance

Αναστάσιμον Απολυτίκιον. Ἦχος α΄.

Αὐτόμελον.

Τοῦ λίθου σφραγισθέντος ὑπὸ τῶν Ἰουδαίων, καὶ στρατιωτῶν φυλασσόντων τὸ ἄχραντόν σου σῶμα, ἀνέστης τριήμερος Σωτῆρ, δωρούμενος τῷ κόσμῳ τὴν ζωὴν. Διὰ τοῦτο αἱ Δυνάμεις τῶν οὐρανῶν ἐβόων σοι Ζωοδότα· Δόξα τῇ ἀναστάσει σου Χριστέ, δόξα τῇ βασιλείᾳ σου, δόξα τῇ οἰκονομίᾳ σου, μόνε Φιλάνθρωπε.

Απολυτίκιον τοῦ Ὁσίου. Ἦχος πλ. δ΄.

Ταῖς τῶν δακρῶν σου ῥοαῖς, τῆς ἐρήμου τὸ ἄγονον ἐγεώργησας, καὶ τοῖς ἐκ βάθους στεναγμοῖς, εἰς ἑκατὸν τοὺς πόνους ἐκαρποφόρησας, καὶ γέγονας φωστὴρ τῇ οἰκουμένη, λάμπων τοῖς θαύμασιν, Ἐφραίμ πατὴρ ἡμῶν ὅσιε, πρέσβευε Χριστῷ τῷ Θεῷ, σωθῆναι τὰς ψυχὰς ἡμῶν.

Απολυτίκιον τοῦ Ναοῦ. Ἦχος δ΄.

Σήμερον τῆς σωτηρίας ἡμῶν τὸ Κεφάλαιον, καὶ τοῦ ἀπ' αἰῶνος Μυστηρίου ἡ φανέρωσις, ὁ Υἱὸς τοῦ Θεοῦ, Υἱὸς τῆς Παρθένου γίνεται, καὶ Γαβριὴλ τὴν χάριν εὐαγγελίζεται. Διὸ καὶ ἡμεῖς σὺν αὐτῷ τῇ Θεοτόκῳ βοήσωμεν· Χαίρε Κεχαριτωμένη, ὁ Κύριος μετὰ σοῦ.

Κοντάκιον. Ἦχος α΄.

Ὁ μήτραν παρθενικὴν ἀγιάσας τῷ τόκῳ σου, καὶ χεῖρας τοῦ Συμεὼν εὐλόγησας ὡς ἔπρεπε, προφθάσας καὶ νῦν ἔσωσας ἡμᾶς Χριστέ ὁ Θεός. Ἀλλ' εἰρήνευσον ἐν πολέμοις τὸ πολίτευμα, καὶ κραταίωσον Βασιλεῖς οὕς ἠγάπησας, ὁ μόνος φιλάνθρωπος.

Resurrectional Apolytikion. Mode 1.

Automelon.

Although your tomb was sealed by the Jews O Savior, and your most pure body was guarded by the soldiers, you rose on the third day giving life to all the world. Therefore, O giver of life, the powers of heaven praise you: Glory to your resurrection, O Christ. Glory to your kingdom. Glory to your saving dispensation O only lover of mankind.

Apolytikion of the Venerable. Mode pl. 4.

With the rivers of your tears you made the barren desert bloom; and with your sighs from deep within, you made your labors bear their fruits a hundredfold; and you became a star, illuminating the world by your miracles, O Ephrem, our devout father. Intercede with Christ our God, for the salvation of our souls.

Apolytikion of the Church. Mode 4.

Today is the beginning of our salvation, and the revelation of the mystery which was hidden from eternity. The Son of God becomes the Virgin's Son, and Gabriel announces the grace of this Good News. Let us also join with him, calling to the Theotokos: Rejoice, O Woman full of grace; the Lord is with you.

Kontakion. Mode 1.

You sanctified the virginal womb by Your birth, O Lord, and blessed the hands of Symeon fittingly, O Christ God; and even now You came and saved us. Now, give peace to our Nation in time of war, and empower our Leaders, so loved by You, the only one who loves humanity.

Epistle (St. Paul's First Letter to Timothy 4:9-15)

Reader: Eleni Hadjisimos

PROKEIMENON: Let your mercy, O Lord, be upon us.

VERSE: Rejoice in the Lord, O ye righteous.

Timothy, my son, the saying is sure and worthy of full acceptance. For to this end we toil and suffer reproach, because we have our hope set on the living God, who is the Savior of all men, especially of those who believe. Command and teach these things. Let no one despise your youth, but set the believers an example in speech and conduct, in love, in faith, in purity. Till I come, attend to the public reading of scripture, to preaching, to teaching. Do not neglect the gift you have, which was given you by prophetic utterance when the council of elders laid their hands upon you. Practice these duties, devote yourself to them, so that all may see your progress.

Gospel (Luke 19:1-10)

At that time, Jesus was passing through Jericho. And there was a man named Zacchaios; he was a chief collector, and rich. And he sought to see who Jesus was, but could not, on account of the crowd, because he was small of stature. So he ran on ahead and climbed up into a sycamore tree to see him, for he was to pass that way. And when Jesus came to the place, he looked up and said to him, "Zacchaios, make haste and come down; for I must stay at your house today." So he made haste and came down, and received him joyfully. And when they saw it they all murmured, "He has gone in to be the guest of a man who is a sinner." And Zacchaios stood and said to the Lord, "Behold, Lord, the half of my goods I give to the poor; and if I have defrauded any one of anything, I restore it fourfold." And Jesus said to him, "Today salvation has come to this house, since he also is a son of Abraham. For the Son of man came to seek and to save the lost."

DIVINE LITURGY CONTINUES ON PAGE 51 OF THE DIVINE LITURGY BOOK

Reminders for Receiving Holy Communion

Holy Communion is offered in the Orthodox Church only to those individuals baptized and/or chrismated (confirmed) in the Orthodox Faith. To participate in Holy Communion one must be in good standing with the Church spiritually (for example, married people must have had their marriage blessed in the Church; and, all must be without grave sin on their hearts). For all Orthodox Christians, the proper preparation for Holy Communion must be observed: that is, examination of conscience, confession, reading the prayers for Holy Communion, and the proper fasting. If you have any further questions about this, please speak with the clergy. Women should remove all lipstick when approaching for Holy Communion.

Thank you.

Support our Cathedral

Welcome, everyone!

We extend a warm welcome to our visitors worshipping with us today in our Cathedral. You are invited to join us for our fellowship following the conclusion of the Divine Liturgy in Carlos Hall next to the Church. Thank you for your visit! Please stop by our hospitality table and sign the register in the Narthex.

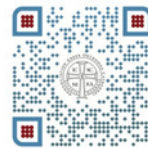
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