



# The Messenger

Sunday, July 3, 2022  
Κυριακή, 3 Ιουλίου 2022

3<sup>rd</sup> Sunday of Matthew  
Γ' Κυριακή Ματθαίου

## Weekly Worship Guide

The Greek Orthodox Cathedral of the Annunciation • Atlanta, GA

Hyacinth the Martyr of Caesarea & Theodotos and Theodota the Martyrs, Anatolius, Patriarch of Constantinople, Gerasimos the Holy Martyr of Karenesi, Translation of the Holy Relics of our Father Among the Saints Philip, Metropolitan of Moscow

### Today's Memorial

*Memorial Service can be found on p. 127  
of the Divine Liturgy Book*

1 Year Memorial for Lori Demetroulou Skafidas Boland

### Artoklasia Service

*Artoklasia Service can be found on p. 139  
of the Divine Liturgy Book*

Today's Artoklasia is offered by Jerry Odenwelder in honor of his patron Saint Gerasimos

Today's Coffee Hour is sponsored by Jerry Odenwelder in honor of his nameday

## 3<sup>rd</sup> Sunday of Matthew

### **Saint Anatolius, Patriarch of Constantinople**



Saint Anatolius, Patriarch of Constantinople, was born at Alexandria in the second half of the fourth century, at a time when many representatives of illustrious Byzantine families ardently strove to serve the Church of Christ armed with Greek philosophic wisdom. Having studied philosophy, Saint Anatolius was ordained a deacon by Saint Cyril of Alexandria (January 18).

Saint Anatolius remained a deacon at Alexandria after the death of Saint Cyril (+ 444), when the See of Constantinople was occupied by Dioscorus, a supporter of the heresy being spread by Eutyches, which said that the Divine nature in Christ had fully swallowed up and absorbed His human nature. This false teaching undermined the very basis of the Church's teaching about the salvation and redemption of humankind [trans. note: Since "what is not assumed is not saved", if Christ has only a Divine nature and not a human nature, then the salvation of humankind, and even the Incarnation of Christ would be rendered heretically docetic]. In the year 449 Dioscorus and his followers convened a heretical "Robber Council" at Ephesus, having received also the support of the emperor. The great advocate of Orthodoxy, Saint Flavian, the Patriarch of

Constantinople, was deposed.

Elected to the See of Constantinople, Saint Anatolius zealously set about restoring the purity of Orthodoxy. In 450, at a local Council in Constantinople, Saint Anatolius condemned the heresy of Eutyches and Dioscorus. Having died in exile, the confessor Flavian was numbered among the saints and his relics were transferred to the capital.

In the following year, 451, with the active participation of Patriarch Anatolius, the Fourth Ecumenical Council was convened at Chalcedon. The Fathers of the Chalcedon Council affirmed the dogma about the worship of the Lord Jesus Christ, "perfect in divinity and perfect in humanity, true God and true man, made known in two natures without mingling, without change, indivisibly, inseparably" (Greek: "asynkhutos, atreptos, adiairetos, akhoristos").

After a life of constant struggle against heresy and for truth, Patriarch Anatolius died in the year 458.

*Adapted from the website of the Orthodox Church in America*

# Order of Hymns Following The Small Entrance

## ΑΠΟΛΥΤΙΚΙΑ

### Ἀναστάσιμον Ἀπολυτίκιον. Ἦχος β΄.

Ὅτε κατήλθες πρὸς τὸν θάνατον, ἡ Ζωὴ ἡ ἀθάνατος, τότε τὸν Ἅδην ἐνέκρωσας τῇ ἀστραπῇ τῆς Θεότητος, ὅτε δὲ καὶ τοὺς τεθνεώτας ἐκ τῶν καταχθονίων ἀνέστησας, πᾶσαι αἱ Δυνάμεις τῶν ἐπουρανίων ἐκραύγαζον· Ζωοδότα Χριστέ ὁ Θεὸς ἡμῶν δόξα σοι.

### Ἀπολυτίκιον τοῦ Ἁγίου. Ἦχος δ΄.

#### Ταχὺ προκατάλαβε.

Ὁ Μάρτυς σου Κύριε, ἐν τῇ ἀθλήσει αὐτοῦ, τὸ στέφος ἐκομίσατο τῆς ἀφθαρσίας, ἐκ σοῦ τοῦ Θεοῦ ἡμῶν· ἔχων γὰρ τὴν ἰσχύν σου, τοὺς τυράννους καθεῖλεν· ἔθραυσε καὶ δαιμόνων, τὰ ἀνίσχυρα θράση, αὐτοῦ ταῖς ἰκεσίαις Χριστέ, σῶσον τὰς ψυχὰς ἡμῶν.

### Ἀπολυτίκιον τοῦ Ναοῦ. Ἦχος δ΄.

Σήμερον τῆς σωτηρίας ἡμῶν τὸ Κεφάλαιον, καὶ τοῦ ἀπ' αἰῶνος Μυστηρίου ἡ φανέρωσις, ὁ Υἱὸς τοῦ Θεοῦ, Υἱὸς τῆς Παρθένου γίνεται, καὶ Γαβριὴλ τὴν χάριν εὐαγγελίζεται. Διὸ καὶ ἡμεῖς σὺν αὐτῷ τῇ Θεοτόκῳ βοηθώμεν· Χαίρε Κεχαριτωμένη, ὁ Κύριος μετὰ σοῦ.

### Κοντάκιον τῶν Κεκοιμημένων. Ἦχος πλ. δ΄.

Μνήσθητι, Κύριε, ὡς ἀγαθὸς τῶν δούλων σου καὶ ὅσα ἐν βίῳ ἡμάρτον συγχώρησον· οὐδεὶς γὰρ ἀναμάρτητος, εἰ μὴ σὺ ὁ δυνάμενος καὶ τοῖς μεταστάσι δοῦναι τὴν ἀνάπαυσιν.

### Κοντάκιον. Ἦχος β΄.

Προστασία τῶν Χριστιανῶν ἀκαταίσχυντε, μεσιτεία πρὸς τὸν Ποιητὴν ἀμετάθετε. Μὴ παρίδης ἀμαρτωλῶν δεήσεων φωνάς, ἀλλὰ πρόφθασον, ὡς ἀγαθὴ, εἰς τὴν βοήθειαν ἡμῶν, τῶν πιστῶς κραυγαζόντων σοι· Τάχυνον εἰς πρεσβείαν, καὶ σπεῦσον εἰς ἰκεσίαν, ἡ προστατεύουσα ἀεὶ, Θεοτόκε, τῶν τιμώντων σε.

## Apolytikia

### Resurrectional Apolytikion. Mode 2.

When You descended unto death, O Lord who yourself are immortal Life, then did You mortify Hades by the lightning flash of Your Divinity. Also when You raised the dead from the netherworld, all the Powers of the heavens were crying out: O Giver of life, Christ our God, glory to You.

### Apolytikion for the Saint. Mode 4.

#### Come quickly

Your Martyr, O Lord, was worthily awarded by You \* the crown of incorruption, in that he contested for You our immortal God. \* Since he possessed Your power, he defeated the tyrants, \* dashing the demons' powerless displays of defiance. \* O Christ God, at his fervent entreaties, save our souls.

### Apolytikion of the Church. Mode 4.

Today is the beginning of our salvation, and the revelation of the mystery which was hidden from eternity. The Son of God becomes the Virgin's Son, and Gabriel announces the grace of this Good News. Let us also join with him, calling to the Theotokos: Rejoice, O Woman full of grace; the Lord is with you.

### Kontakion for the Departed. Mode pl. 4.

Remember, O Lord, as You are good, Your servants, and forgive every sin they have committed in this life. For no one is sinless except You, Who have power to grant rest to those who have fallen asleep.

### Kontakion. Mode 2.

A protection of Christians unshamable, intercessor to our Holy Maker, unwavering, please reject not the prayerful cries of those who are in sin. Instead, come to us, for you are good; your loving help bring unto us, who are crying in faith to you: Hasten to intercede and speed now to supplicate, as a protection for all time, Theotokos, for those who honor you.

# Readings

## Epistle

3<sup>rd</sup> Sunday of Matthew  
Γ' Κυριακή Ματθαίου

St. Paul's Letter to the Romans 5:1-10

Matthew 6:22-33

PROKEIMENON: The Lord is my strength and my song.

VERSE: The Lord has chastened me sorely.

**Brethren**, since we are justified by faith, we have peace with God through our Lord Jesus Christ. Through him we have obtained access by faith to this grace in which we stand, and we rejoice in our hope of sharing the glory of God. More than that, we rejoice in our sufferings, knowing that suffering produces endurance, and endurance produces character, and character produces hope, and hope does not disappoint us, because God's love has been poured into our hearts through the Holy Spirit which has been given to us. While we were still weak, at the right time Christ died for the ungodly. Why, one will hardly die for a righteous man -- though perhaps for a good man one will dare even to die. But God shows his love for us in that while we were yet sinners Christ died for us. Since, therefore, we are now justified by his blood, much more shall we be saved by him from the wrath of God. For if while we were enemies we were reconciled to God by the death of his Son, much more, now that we are reconciled, shall we be saved by his life.

## Gospel

**The Lord said**, "The eye is the lamp of the body. So, if your eye is sound, your whole body will be full of light; but if your eye is not sound, your whole body will be full of darkness. If then the light in you is darkness, how great is the darkness! No one can serve two masters; for either he will hate the one and love the other, or he will be devoted to the one and despise the other. You cannot serve God and mammon. Therefore I tell you, do not be anxious about your life, what you shall eat or what you shall drink, nor about your body, what you shall put on. Is not life more than food, and the body more than clothing? Look at the birds of the air: they neither sow nor reap nor gather into barns, and yet your heavenly Father feeds them. Are you not of more value than they? And which of you by being anxious can add one cubit to his span of life? And why are you anxious about clothing? Consider the lilies of the field, how they grow; they neither toil nor spin; yet I tell you, even Solomon in all his glory was not arrayed like one of these. But if God so clothes the grass of the field, which today is alive and tomorrow is thrown into the oven, will he not much more clothe you, O men of little faith? Therefore do not be anxious, saying, 'What shall we eat?' or 'What shall we drink?' or 'What shall we wear?' For the Gentiles seek all these things; and your heavenly Father knows you need them all. But seek first his kingdom and his righteousness, and all these things shall be yours as well."

**DIVINE LITURGY CONTINUES ON PAGE 51 OF THE DIVINE LITURGY BOOK**

### Reminders for Receiving Holy Communion

Holy Communion is offered in the Orthodox Church only to those individuals baptized and/or chrismated (confirmed) in the Orthodox Faith. To participate in Holy Communion one must be in good standing with the Church spiritually (for example, married people must have had their marriage blessed in the Church; and, all must be without grave sin on their hearts). For all Orthodox Christians, the proper preparation for Holy Communion must be observed: that is, examination of conscience, confession, reading the prayers for Holy Communion, and the proper fasting. If you have any further questions about this, please speak with the clergy. Women should remove all lipstick when approaching for Holy Communion. Please let parents with their babies and the elderly approach first. Thank you.

# Support our Cathedral

Welcome, everyone!

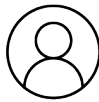
We extend a warm welcome to our visitors worshipping with us today in our Cathedral.

You are invited to join us for our fellowship following the conclusion of the Divine Liturgy in Carlos Hall next to the Church. Thank you for your visit! Please stop by our hospitality table and sign the register in the Narthex.

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