



# The Messenger

Sunday, March 19, 2023  
Κυριακή, 19 Μάρτιος

Sunday of the Holy Cross  
Κυριακή Γ' τῶν Νηστειῶν (τῆς  
Σταυροπροσκυνησεως)

## Weekly Worship Guide

The Greek Orthodox Cathedral of the Annunciation • Atlanta, GA

The Holy Martyrs Chrysanthus and Daria  
Demetrios the New Martyr

### Sunday School Procession of the Holy

Sunday School students in K-5 classes will participate in the Procession of the Holy Cross TODAY.

Immediately following Holy Communion, students, and teachers will meet in the hallway, right outside of the Narthex.

All other classes will remain in Church to observe the procession. After the Procession, ALL classes will go to their rooms and Classes will be held for 30 minutes.

### Oratorical Festival

Congratulations to All of Our Parish Level Oratorical Participants! Anna Christofi, Nikolaos Constantinides, Christina Dallis, Eleni Hadjisimos, Anna Kallis, Gabriella Mayes, Nicolette Moraitakis, Renna Moraitakis, Peter Soulimiotis, Alexia Spetseris, Nicholas Vaitsas & Susie Zaharatos

Our Parish Finalists will be representing our Cathedral in the District Level Festival on Saturday, April 22nd.

Junior Division: Eleni Hadjisimos & Susie Zaharatos

Senior Division: Gabriella Mayes & Nicholas Vaitsas

## Saints Chrysanthos & Daria the Martyrs



Saint Chrysanthus, who was from Alexandria, had been instructed in the Faith of Christ by a certain bishop. His father, who was a senator by rank and a pagan, had him shut up in prison for many days; then, seeing the unchanging disposition of his mind, he commanded that a certain young woman named Daria be brought from Athens. She was a very beautiful and learned maiden, and also an idolater, and Chrysanthus' father wedded him to her so that he might be drawn away from the Faith of Christ because of his love for her. Instead of this however, Chrysanthus drew Daria unto piety, and both of them boldly proclaimed Christ and received the crown of martyrdom in 283, during the reign of Numerian, when they were buried alive in a pit of mire.

### **Apolytikion of Martyrs Chrysanthus and Daria Fourth Tone**

Thy Martyrs, O Lord, in their courageous contest for Thee received as the prize the crowns of incorruption and life from Thee, our immortal God. For since they possessed Thy strength, they cast down the tyrants and wholly destroyed the demons' strengthless presumption. O Christ God, by their prayers, save our souls, since Thou art merciful.

# Order of Hymns Following The Small Entrance

## Ἀναστάσιμον Ἀπολυτίκιον. Ἦχος βαρύς.

Κατέλυσας τῷ Σταυρῷ σου τὸν θάνατον, ἠνέωξας τῷ Ληστῇ τὸν Παράδεισον, τῶν Μυροφόρων τὸν θρήνον μετέβαλες, καὶ τοῖς σοῖς Ἀποστόλοις κηρύττειν ἐπέταξας· ὅτι ἀνέστης Χριστὲ ὁ Θεός, παρέχων τῷ κόσμῳ τὸ μέγα ἔλεος.

## Ἀπολυτίκιον τοῦ Σταυροῦ. Ἦχος α΄.

Σῶσον, Κύριε, τὸν λαόν σου καὶ εὐλόγησον τὴν κληρονομίαν σου, νίκας τοῖς βασιλεῦσι κατὰ βαρβάρων δωρούμενος, καὶ τὸ σὸν φυλάττων διὰ τοῦ Σταυροῦ σου πολίτευμα.

## Ἀπολυτίκιον τοῦ Ναοῦ. Ἦχος δ΄.

Σήμερον τῆς σωτηρίας ἡμῶν τὸ Κεφάλαιον, καὶ τοῦ ἀπ' αἰῶνος Μυστηρίου ἡ φανέρωσις, ὁ Υἱὸς τοῦ Θεοῦ, Υἱὸς τῆς Παρθένου γίνεται, καὶ Γαβριὴλ τὴν χάριν εὐαγγελίζεται. Διὸ καὶ ἡμεῖς σὺν αὐτῷ τῇ Θεοτόκῳ βοήσωμεν· Χαῖρε Κεχαριτωμένη, ὁ Κύριος μετὰ σοῦ.

## Κοντάκιον. Ἦχος πλ. δ΄.

Τῇ ὑπερμάχῳ στρατηγῷ τὰ νικητήρια, Ὡς λυτρωθεῖσα τῶν δεινῶν εὐχαριστήρια, Ἀναγράφω σοι ἡ Πόλις σου Θεοτόκε. Ἀλλ' ὡς ἔχουσα τὸ κράτος ἀπροσμάχητον, Ἐκ παντοίων με κινδύνων ἐλευθέρωσον, Ἴνα κράζω σοι· Χαῖρε νύμφη ἀνύμφευτε.

## Resurrectional Apolytikion. Mode grave.

By your cross, O Lord, you destroyed death; to the thief you opened paradise. The myrrh-bearers' sorrow you transformed into joy, and you sent your apostles forth to proclaim that you had risen from the dead, Christ our God, bestowing on all the world your great mercy.

## Apolytikion for the Cross. Mode 1.

Save, O Lord, Your people and bless Your inheritance, granting victory to the faithful over the enemy, and by Your Cross protecting Your commonwealth.

## Apolytikion of the Church. Mode 4.

Today is the beginning of our salvation, and the revelation of the mystery which was hidden from eternity. The Son of God becomes the Virgin's Son, and Gabriel announces the grace of this Good News. Let us also join with him, calling to the Theotokos: Rejoice, O Woman full of grace; the Lord is with you.

## Kontakion. Mode pl. 4.

O Champion General, I your City now inscribe to you Triumphant anthems as the tokens of my gratitude, Being rescued from the terrors, O Theotokos. Inasmuch as you have power unassailable, From all kinds of perils free me, so that unto you I may cry aloud: Rejoice, O unwedded Bride.

# Readings

Sunday of the Holy Cross  
Κυριακή Γ' τῶν Νηστειῶν (τῆς  
Σταυροπροσκυνήσεως)

**Epistle** (St. Paul's First Letter to the Hebrews 4:14-16; 5:1-6)

Reader: Pete Kostopoulos

**PROKEIMENON:** Oh Lord, save your people and bless your inheritance.

**VERSE:** To you, O Lord, I have cried, O my God.

**Brethren**, since we have a high priest who has passed through the heavens, Jesus, the Son of God, let us hold fast our confession. For we have not a high priest who is unable to sympathize with our weaknesses, but one who in every respect has been tempted as we are, yet without sin. Let us then with confidence draw near to the throne of grace, that we may receive mercy and find grace to help in time of need. For every high priest chosen from among men is appointed to act on behalf of men in relation to God, to offer gifts and sacrifices for sins. He can deal gently with the ignorant and wayward, since he himself is beset with weakness. Because of this he is bound to offer sacrifice for his own sins as well as for those of the people. And one does not take the honor upon himself, but he is called by God, just as Aaron was. So also Christ did not exalt himself to be made a high priest, but was appointed by him who said to him, "Thou art my Son, today I have begotten thee"; as he says also in another place, "Thou art a priest for ever, after the order of Melchizedek."

**Gospel** (Mark 8:34-38; 9:1)

**The Lord said:** "If anyone wishes to come after me, let him deny himself and take up his cross and follow me. For whoever would save his life will lose it; and whoever loses his life for my sake and the gospel's will save it. For what does it profit a man, to gain the whole world and forfeit his life? For what can a man give in return for his life? For whoever is ashamed of me and my words in this adulterous and sinful generation, of him will the Son of man also be ashamed, when he comes in the glory of his Father with the holy angels." And he said to them, "Truly, I say to you, there are some standing here who will not taste death before they see the kingdom of God come with power."

DIVINE LITURGY CONTINUES ON PAGE 51 OF THE DIVINE LITURGY BOOK

## Reminders for Receiving Holy Communion

Holy Communion is offered in the Orthodox Church only to those individuals baptized and/or chrismated (confirmed) in the Orthodox Faith. To participate in Holy Communion one must be in good standing with the Church spiritually (for example, married people must have had their marriage blessed in the Church; and, all must be without grave sin on their hearts). For all Orthodox Christians, the proper preparation for Holy Communion must be observed: that is, examination of conscience, confession, reading the prayers for Holy Communion, and the proper fasting. If you have any further questions about this, please speak with the clergy. Women should remove all lipstick when approaching for Holy Communion.

Thank you.

# Support our Cathedral

Welcome, everyone!

We extend a warm welcome to our visitors worshipping with us today in our Cathedral. You are invited to join us for our fellowship following the conclusion of the Divine Liturgy in Carlos Hall next to the Church. Thank you for your visit! Please stop by our hospitality table and sign the register in the Narthex.

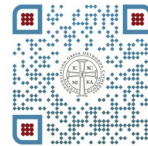
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## Thank you to our volunteers

### Acolytes

#### Group 2

Nick Karas  
Leo Black  
Colin Costopoulos  
Michael Costopoulos  
Christopher Esper  
Nicholas Esper  
Alexander Halkos  
Johnny Mondore

### Handmaidens

#### Group 2

Elianna Vallianatos  
Julianna Esper  
Eleni Hadjisimos  
Stella Hadjisimos  
Ama Mondore  
Carlie Schneider  
Sophia Vallianatos  
Anastasia Zaharis

### Parish Council

#### St. John Chrysostom

Michael Missailidis  
George Karolis  
Peter Zaharis  
Victor Ellis  
Kappy Lawandales  
Pete Vallianatos

## Contact us

2500 Clairmont Road NE  
Atlanta, GA 30329

[office@atlgoc.org](mailto:office@atlgoc.org)  
(404) 633-5870  
Fax (404) 633-6018

Rev. Fr. Paul A. Kaplanis, Dean  
Rev. Fr. Christos P. Mars, Protosphyter  
Theodore Mantzikos, Pastoral Assistant  
Sarah Stewart, Pastoral Assistant

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