



# The Messenger

Sunday, September 18, 2022  
Κυριακή, 18 Σεπτέμβριος

Sunday after Holy Cross  
Κυριακή μετά τήν Ὑψωσιν

## Weekly Worship Guide

The Greek Orthodox Cathedral of the Annunciation • Atlanta, GA

Eumenius the Wonderworker, Bishop of Gortynia, Ariadne the Martyr,  
Afterfeast of the Holy Cross

### Today's Memorials

1 Year Memorial for Michael Miller  
(Husband of Paula Mossaides)  
2 Year Memorial Hytho Symbas  
15 Year Memorial for George Callesis  
25 Year Memorial for Anthony Callesis

### 40 Day Baby Blessing

Son of James & Ashley Overstreet

## Inaugural Cross Dive

The inaugural Atlanta Inter-Orthodox Parish Association Pan-Orthodox Cross Dive was held on Sunday, September 11<sup>th</sup> in Macon, Georgia. We thank our divers Spyros Moschopoulos, Alex Semitses, and Elianna Vallianatos for taking part in the first of many annual cross dives in Macon and extend a special congratulations to Nikolaos Constantinides who we recognize today for retrieving this year's cross! Our four divers were joined by GOYANS Katy Constantinides, Christina Dallis, Gabriella Mayes, Isabella Pappas, Sophia Vallianatos, and Anastasia Zaharis. His Eminence Metropolitan Alexios expressed his excitement and thanks for so many GOYANS from his cathedral participating and attending the cross dive. Our cathedral brought the largest group of GOYANS amongst all the visiting churches.

## St. Hilarion of Optina



Today is the feast of St. Hilarion of Optina who died on September 18, 1873. St. Hilarion was the Elder (*Geronta*) of Optina Monastery near Moscow. His early life was plagued with a succession of illnesses, medical conditions, and accidents, some of which burdened him throughout his life. St. Hilarion joined the Optina Monastery in his twenties working as an attendant to Fr. Barlaam, the former elder of the famous Valaam Monastery in Russia. He became a monk after Fr. Barlaam died and adhered to St. Macarius, Optina's new elder at the time, as one of his closest disciples. St. Hilarion was appointed Optina's father-confessor shortly afterwards during St. Macarius' abbacy and chosen to be its new elder upon St. Macarius' death in 1860.

St. Hilarion gentle guide, lead people to thoughts, self-reflection, remorse in confession rather than outward chastising and vigor-was known for this being visited by clergy, monastics, and laity from all over Russia for him to hear their confession and receive his counsel. St. Hilarion is the fifth of fourteen consecutive elders of the Optina Monastery canonized as saints. The Optina Fathers' influence was so profound that they became a feature of Russian secular culture; St. Hilarion's successor, St. Ambrose of Optina (June 27th), even serves as the inspiration for Fr. Zosima in Dostoevsky's *The Brothers Karamazov*. Their collective spiritual prowess contributed to a revitalized Orthodox spirituality in Russia that carried Christianity through upcoming Soviet persecutions in the twentieth-century.

*(Written by Theodore Mantzikos)*

# Order of Hymns Following The Small Entrance

## Ἀναστάσιμον Ἀπολυτίκιον. ᾠχος πλ. α΄.

Τὸν συνάναρχον Λόγον Πατρὶ καὶ Πνεύματι, τὸν ἐκ Παρθένου τεχθέντα εἰς σωτηρίαν ἡμῶν, ἀνυμνήσωμεν πιστοὶ καὶ προσκυνήσωμεν, ὅτι ἠϋδόκησε σαρκί, ἀνελθεῖν ἐν τῷ Σταυρῷ, καὶ θάνατον ὑπομεῖναι, καὶ ἐγεῖραι τοὺς τεθνεώτας, ἐν τῇ ἐνδόξῳ Ἀναστάσει αὐτοῦ.

## Ἀπολυτίκιον τοῦ Σταυροῦ. ᾠχος α΄.

Σῶσον, Κύριε, τὸν λαόν σου καὶ εὐλόγησον τὴν κληρονομίαν σου, νίκας τοῖς βασιλεῦσι κατὰ βαρβάρων δωρούμενος, καὶ τὸ σὸν φυλάττων διὰ τοῦ Σταυροῦ σου πολίτευμα.

## Ἀπολυτίκιον τοῦ Ναοῦ. ᾠχος δ΄.

Σήμερον τῆς σωτηρίας ἡμῶν τὸ Κεφάλαιον, καὶ τοῦ ἀπ' αἰῶνος Μυστηρίου ἡ φανέρωσις, ὁ Υἱὸς τοῦ Θεοῦ, Υἱὸς τῆς Παρθένου γίνεται, καὶ Γαβριὴλ τὴν χάριν εὐαγγελίζεται. Διὸ καὶ ἡμεῖς σὺν αὐτῷ τῇ Θεοτόκῳ βοήσωμεν· Χαῖρε Κεχαριτωμένη, ὁ Κύριος μετὰ σοῦ.

## Κοντάκιον τῶν Κεκοιμημένων. ᾠχος πλ. δ΄.

Μνήσθητι, Κύριε, ὡς ἀγαθὸς τῶν δούλων σου καὶ ὅσα ἐν βίῳ ἡμάρτον συγχώρησον· οὐδεὶς γὰρ ἀναμάρτητος, εἰ μὴ σὺ ὁ δυνάμενος καὶ τοῖς μεταστάσι δοῦναι τὴν ἀνάπαυσιν.

## Κοντάκιον. ᾠχος δ΄. Αὐτόμελον.

Ὁ ὑψωθείς ἐν τῷ Σταυρῷ ἐκουσίως, τῇ ἐπωνύμῳ σου καινῇ πολιτείᾳ, τοὺς οἰκτιρισμοὺς σου δώρησαι, Χριστέ ὁ Θεός. Εὐφρανον ἐν τῇ δυνάμει σου, τοὺς πιστοὺς Βασιλεῖς ἡμῶν, νίκας χορηγῶν αὐτοῖς, κατὰ τῶν πολεμίων· τὴν συμμαχίαν ἔχοιεν τὴν σὴν, ὄπλον εἰρήνης ἀήττητον τρόπαιον.

## Resurrectional Apolytikion. Mode pl. 1.

To the Word, coeternal with the Father and the Spirit, born of the Virgin for our salvation, let us, the faithful, give praise and worship. For he willed to be lifted up on the cross in the flesh, to endure death and raise the dead by his glorious resurrection.

## Apolytikion of the Cross. Mode 1.

Save, O Lord, Your people and bless Your inheritance. Grant victory to the faithful against the adversaries of the faith, and protect Your people by Your Holy Cross.

## Apolytikion of the Church. Mode 4.

Today is the beginning of our salvation, and the revelation of the mystery which was hidden from eternity. The Son of God becomes the Virgin's Son, and Gabriel announces the grace of this Good News. Let us also join with him, calling to the Theotokos: Rejoice, O Woman full of grace; the Lord is with you.

## Kontakion for the Departed. Mode pl. 4.

Remember, O Lord, as You are good, Your servants, and forgive every sin they have committed in this life. For no one is sinless except You, Who have power to grant rest to those who have fallen asleep.

## Kontakion. Mode 4. Automelon.

You Who were lifted on the Cross voluntarily, \* O Christ our God, bestow Your tender compassions \* upon Your new community to which You gave Your Name. \* Cause our faithful emperors to be glad in Your power, \* granting them the victories against their adversaries. \* And for an ally, Lord, may they have You, \* peace as their armor, the trophy invincible.

# Readings

## Epistle

Read by Sophia Vallianatos

PROKEIMENON: O Lord, shall keep us and preserve us.  
VERSE: Save me, O Lord, for the godly man has failed.

**Brethren**, knowing that a man is not justified by works of the law but through faith in Jesus Christ, even we have believed in Christ Jesus, in order to be justified by faith in Christ, and not by works of the law, because by works of the law shall no one be justified. But if, in our endeavor to be justified in Christ, we ourselves were found to be sinners, is Christ then an agent of sin? Certainly not! But if I build up again those things which I tore down, then I prove myself a transgressor. For I through the law died to the law, that I might live to God. I have been crucified with Christ; it is no longer I who live, but Christ who lives in me; and the life I now live in the flesh I live by faith in the Son of God, who loved me and gave himself for me.

## Gospel

**The Lord said:** "If anyone wishes to come after me, let him deny himself and take up his cross and follow me. For whoever would save his life will lose it; and whoever loses his life for my sake and the gospel's will save it. For what does it profit a man, to gain the whole world and forfeit his life? For what can a man give in return for his life? For whoever is ashamed of me and my words in this adulterous and sinful generation, of him will the Son of man also be ashamed, when he comes in the glory of his Father with the holy angels." And he said to them, "Truly, I say to you, there are some standing here who will not taste death before they see the kingdom of God come with power."

### **DIVINE LITURGY CONTINUES ON PAGE 51 OF THE DIVINE LITURGY BOOK**

#### Reminders for Receiving Holy Communion

Holy Communion is offered in the Orthodox Church only to those individuals baptized and/or chrismated (confirmed) in the Orthodox Faith. To participate in Holy Communion one must be in good standing with the Church spiritually (for example, married people must have had their marriage blessed in the Church; and, all must be without grave sin on their hearts). For all Orthodox Christians, the proper preparation for Holy Communion must be observed: that is, examination of conscience, confession, reading the prayers for Holy Communion, and the proper fasting. If you have any further questions about this, please speak with the clergy. Women should remove all lipstick when approaching for Holy Communion. Please let parents with their babies and the elderly approach first. Thank you.

# Support our Cathedral

Welcome, everyone!

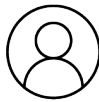
We extend a warm welcome to our visitors worshipping with us today in our Cathedral.

You are invited to join us for our fellowship following the conclusion of the Divine Liturgy in Carlos Hall next to the Church. Thank you for your visit! Please stop by our hospitality table and sign the register in the Narthex.

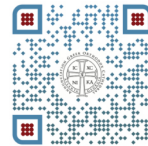
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## Thank you to our volunteers

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Nik Constantinides  
Ian Alexander  
J.W. Godwin  
George Laszlo  
John Pribas  
Alex Simitzes  
Matthew Simitzes

### *Handmaidens*

#### **Group 3**

Alexia Spetseris  
Nora Fotopoulos  
Phoebe Franklin  
Remy Hughes  
Anna Sophia Laszlo  
Helen Laszlo  
Kat Leitourgis  
Mina Papadopoulos

### *Parish Council*

#### **St. Gregory the Theologian**

Michael Missailidis  
A.J. Williams  
George Vasilakis  
Alexandra Vatzakas  
Kappy Lawandales  
Pete Vallianatos

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